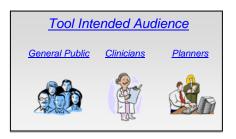
Objective 3: Reduce low birth weight & very low birth weight

Maryland SHIP Vision Area 1: Healthy Babies Tools, Resources, and Promising Practices updated March 2012



Information, Facts, and Figures

Babies Born Healthy State plan for reducing infant mortality in Maryland and

regional maps.

Maryland Pregnancy Risk **Assessment Monitoring** System (PRAMS)

A project to help us learn why some babies are born healthy and others are not. One out of every 35 women who gave birth each month is selected, at random, to

participate in the PRAMS project.

March of Dimes Prematurity Report Card

Provides data on premature births in the US.

Office on Women's Health: Quick Health Data

Provides quick and accessible data for needs assessment and policy development.



Maryland Services and Hotlines

WIC Resources for a

healthy diet while pregnant

A supplemental nutrition program for women, infants and Maryland WIC

children under 5.

Links users to WIC resources to improve diet and nutrition among pregnant women.

Center for Addiction and Innovative approach to help mothers and infants deal with Pregnancy the physical, emotional and social problems caused by

addiction.

Maryland Network Against Works to eliminate domestic violence in MD through **Domestic Violence**

education, training, and advocacy.

Marvland Alcohol and Drug List of substance abuse County Coordinators for each of **Abuse Coordinators**

Maryland's 24 jurisdictions. County

Coordinators assist local citizens and organization in identifying alcohol and drug abuse treatment needs and services, and coordinate the delivery of publicly funded

treatment in each jurisdiction.

Maryland Patient Safety The Collaborative and Learning Network Series, offered by Center Perinatal & Neonatal the Maryland Patient Safety Center, demonstrates the **Learning Networks** Center's greatest strength—bringing together participants from across facilities and across the continuum of care to

focus on improving patient safety and quality of care.









Personalized Tools

text4baby

Free health text messaging service that supports mothers and expectant mothers by providing accurate, text-length health information and resources in a personal and timely format.



Promising Practices

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders.



Maryland Maternal and Infant Home Visiting

Home visiting programs are focused, individualized and culturally competent services for expectant parents, young children and their families, and caregivers (including friends, neighbors and kinship caregivers) in their homes.



Toolkit

B'more for Healthy Babies

Visitors can access information and tools for health and safety of infants, including a free safe sleep video and Text4Baby, a free service for pregnant and new mothers.



<u>Pregnancy Resources for</u> <u>First Trimester and Beyond</u> Online resource of educational materials regarding all aspects of pregnancy and prenatal care. *Materials are available in several different languages including: English, German. French and Italian.*

